

TRANSFORMED MIND = TRANSFORMED LIFE

Do not copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2

God is far more interested in changing our _____ than in changing our _____.

TRANSFORMED Understanding

"The way we _____ determines the way we _____, and the way we feel determines the way we _____".

Why is it crucial that we learn how to manage our mind?

- _____
 - *"Be careful how you think; your life is shaped by your thoughts."* (Proverbs 4:23)
- _____
 - Paul says... *"I love God's law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me."* (Romans 7:22-23)
- _____
 - *Romans 8:6 [6] For to be carnally minded is death; but to be spiritually minded is life and peace.*

What are some choices we need to make to have a healthy mind?

- _____
 - *You will know the truth, and the truth will set you free."* (John 8:32)
- _____
 - *"Those who are dominated by their sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit."* (Romans 8:5)
- *"Temptation comes from the lure of our own evil desires. These evil desires lead to evil actions, and then the evil actions lead to death."* (James 1:14-15)
 - Temptations overcome us _____.
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 - Temptations overcome us _____.

"I will delight in Your decrees and not forget Your word." (Psalm 119:16)

"I won't ever forget Your teachings, because You give me new life by following them." (Psalm 119:93)

"I have made up my mind to obey Your laws forever, no matter what." (Psalm 119:112)

- _____
 - *"Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise."* (Philippians 4:8)